A Quick Guide to

**DADA Method Activity Structure**

Having process structure creates a routine that allows participants to know what to expect and what is expected of them, fosters growth mindset, and embeds quality components into all your activities!

**Describe**

Explain what the ACTIVITY is and what SKILLS youth will experience.

Break down into TASKS or STEPS

**Ask**

Ask questions to find out what thoughts, ideas, knowledge, or questions they have.

**Do**

While participants “DO” the activity, staff should

- Walk around & Ask open ended questions
- Provide subjective feedback... what you notice without judgement
- Let youth "do"... do not take over
- Provide support for struggling youth

**Adapt**

Ask questions that

- Provide feedback for changes... for you or young people.
- Models growth mindset
- Connect activity to learning and experience
DADA Planning Sheet

Activity: 
Scheduled Activity Date: 

D - Describe

ACTIVITY description:

SKILLS youth will learn or practice:

TASKS or STEPS:

A - Ask

QUESTIONS to find out what thoughts, ideas, knowledge, or questions they have.
1.
2.
3.

D - Do

What you can do while participants are engaged in the activity.

A - Adapt

QUESTIONS to reflect on experience
1.
2.
3.