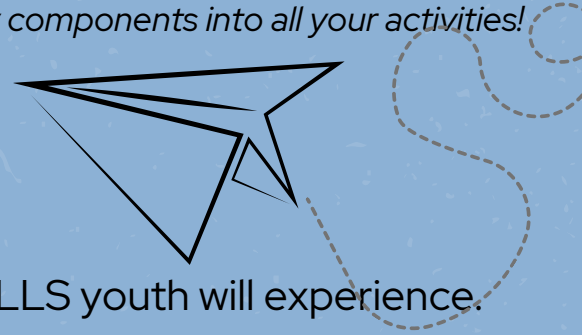


A Quick Guide to

DADA Method Activity Structure

Having process structure creates a routine that allows participants to know what to expect and what is expected of them, fosters growth mindset, and embeds quality components into all your activities!



Describe

Explain what the ACTIVITY is and what SKILLS youth will experience.
Break down into TASKS or STEPS

Ask

Ask questions to find out what thoughts, ideas, knowledge, or questions they have.

D^o

While participants "DO" the activity, staff should

- Walk around & Ask open ended questions
- Provide subjective feedback... what you notice without judgement
- Let youth "do"... do not take over
- Provide support for struggling youth

Adapt

Ask questions that

- Provide feedback for changes... for you or young people.
- Models growth mindset
- Connect activity to learning and experience



DADA Planning Sheet

Activity:

Scheduled Activity Date:

Describe

ACTIVITY description:

SKILLS youth will learn or practice:

TASKS or STEPS:

Ask QUESTIONS to find out what thoughts, ideas, knowledge, or questions they have.

- 1.
- 2.
- 3.

Do What you can do while participants are engaged in the activity.

Adapt QUESTIONS to reflect on experience

- 1.
- 2.
- 3.

