COVID-19 and Youth Programming

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5/27/2020
COVID-19 Website

- **MDH COVID-19 Web:**
  [https://www.health.state.mn.us/diseases/coronavirus/index.html](https://www.health.state.mn.us/diseases/coronavirus/index.html)

- Situation Updates
- Schools and Childcare (youth programming resources there)
- Materials and Resources
MDH Youth and Student Programs (Schools/Child Care)

Safety and Well-being
- Social Distancing and Exclusion Guidance Document
- Masking
- Food Service
- Mental Well-being

Cleaning and Disinfecting
- Guidance and FAQs
- Recommended Supplies List

CDC Guidance

Other Resources and Print Materials
- Print Resources (Hand Hygiene, et. al.)
Main principles:

- Social distancing whenever possible.
- Create small, consistent groups of 10 or less. Limit groups from intermixing.
- Encourage health etiquette.
- Routine cleaning practices.
Considerations for High Risk Groups

- Encourage staff or children with underlying conditions to consult with their healthcare provider before deciding to attend.

- Children and staff returning home each day to household members with underlying conditions should also consider their risk.

- More information - People who are at higher risk for severe illness: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html
- Maintain consistent group sizes of staff to attendee ratio of 1:9 or smaller.
  - Create consistent pods of the same staff, volunteers, and participants.
- Whenever possible, implement programming that refrains from intermixing pods.
- If intermixing of pods is necessary, limit the number of pods that intermix and keep records of staff, volunteers, and attendees that intermix.
  - These steps will help minimize transmission and also allow for swift contact tracing if needed.
Masks and Cloth Face Covering

- Do children/attendees have to wear masks?
  - We recommend children/attendees that can reliably take them on and off (above age 2) wear them whenever possible. MDH does not recommend that younger children wear masks if they can’t reliably follow CDC guidelines.

- What about staff?
  - Staff are encouraged to wear them during the work day as much as possible. Teach staff how to effectively use cloth masks.
  - If outdoors and **effectively and consistently** maintaining social distancing, then can consider not using them for certain activities.
  - Masks are most essential in times when physical distancing is difficult.

- Can shields be worn instead of masks?
  - Shields do not provide great source control on their own.
Screening Attendees and Staff

  - Example 1 = Families take temp at home and validate while screener maintains social distancing and verbally questions parent/guardian
  - Example 2 = Physical barrier between attendee and screener
  - Example 3 = PPE; masking, goggles, gloves and gowns
What happens when someone gets sick?

- Make a plan with parents prior to when programming begins around expectations if their child becomes ill or is exposed to COVID-19 while at the program.
- Send home any staff or attendees with any symptoms of illness.
  - Have a room or area to isolate symptomatic people before they can be picked up or leave on their own.
- Use the exclusion guidance document for anyone with symptoms consistent with COVID-19 to determine when they may return.
Isolation vs. Quarantine

Isolation:
• Used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it’s safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific “sick room” or area and using a separate bathroom (if available).

Quarantine:
• Used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

Cases will need to follow public health guidance:
- 3 days with no fever AND
- improvement of other symptoms AND
- at least 10 days have passed since your symptoms first appeared.

People identified as close contacts will need to be quarantined for 14 days since last exposure with the case.
Encourage families to transport their kids to the program.

Reduce the number of people on transportation buses to allow them to spread out.

Consider using visual cues to illustrate where participants may sit to adhere to social distancing.

The cleaning and disinfecting for school buses guidance is found in the Cleaning and Disinfecting Guidance for Schools.

Bus seats and handrails are high touch surfaces that require frequent cleaning.

Drivers should adhere to CDC guidelines

COVID-19 Cleaning and Disinfecting Guidance for Schools and Child Care Programs: https://www.health.state.mn.us/diseases/coronavirus/schools/clean.html
Should attendees be discouraged from bringing home items from their program (e.g. crafts)?

- No.

Can activity instructors be 10 ft. apart from the group of 10 (9 kids, 1 staff) and not be counted in the group of 10?

- If social distancing is effectively maintained, yes. Holding activities outside is ideal.
Key Findings from Cases in Child Care and School Settings

- Try to maintain closed groups as much as possible.
  - Avoid mixing groups as much as possible.
  - Dedicate float staff whenever possible.
- Be mindful of staff gathering/socializing.
- Stay alert to ANY new symptoms of illness, even if mild.
- Type of contact and duration of contact.
- By definition, within 6 feet for 15 minutes or more = close contact exposure.
Resources


- MDH guidance documents: https://www.health.state.mn.us/diseases/coronavirus/schools/index.html

- Situation is fluid, check for updates to guidance documents and resources on a continuous basis.
Thank you.

Disclaimer: Information presented in these slides is as accurate as the time it was presented. This situation is fluid and unprecedented and we will continue to do our best to give the most up-to-date guidance. We encourage you to review the MDH COVID-19 website: https://www.health.state.mn.us/diseases/coronavirus/index.html for the most up to date information.